

FREEMOTION

# ***BENCHES & RACKS***

## ***GLUTE-HAM DEVELOPER***

MODEL # FMDY709072



## ***STRENGTH BENCHES & RACKS***

A better designed machine for a better workout. The Freemotion Glute Ham Developer is the lower body workout that's as tough as it is comfortable. Extra plush pads are the perfect starting block for a workout that gets results. The heavy duty anti-tip design makes this a safe, smart option for facilities large and small. Dual functionality means that members can get the work of two machines in one - without taking up additional floor space.



## BENCHES & RACKS GLUTE-HAM DEVELOPER

### PRODUCT BENEFITS

#### OPEN DESIGN

The walk through design of the machine makes it accessible to people of all shapes and sizes.

#### ANYWAY YOU WANT IT

A convenient, reverse hyper grip bar add to the workout possibilities with this one machine.

#### EASY ANGULAR HORIZONTAL ADJUSTMENT

Make the workout personalized with this Freemotion angular horizontal adjustment. Intuitive design and dependable security come together in this easy strength floor solution.

#### BAND ANCHORS

Lock bands into place with anchors you can trust.

#### HEAVY DUTY ANTI-TIP DESIGN

Security comes standard on this Glute-Ham Developer that was created to stand still and strong.

**FRAME** | 11 Gauge Steel Frame

**FRAME COLOR** | Platinum, additional frame colors available at an up-charge.

**MACHINE WEIGHT** | 256.5 lbs (116.3 kg)

**PRODUCT DIMENSIONS** | 63.6 x 39.7 x 52.6 in (161.5 x 100.8 x 133.6 cm)

### INCLUDED ATTACHMENTS

- » 3x3 in (7.6 x 7.6 cm) main frame
- » Pop pin angular horizontal adjustment
- » Pop pin vertical foot plate adjustment
- » Heavy duty diamond plate foot plate with reverse hyper grips
- » Split pad half moon hip pads for added comfort
- » Band peg anchor points
- » Footplate anchor options for maximum stability
- » Carriage bolt hardware for a smooth and clean finish

### WARRANTY US AND INTERNATIONAL

**Lifetime** - Structural Steel Frame | **5 Year** - Wear Guards/UHMW, Rubber & Plastic, and Finish | **1 Year** - Fitness Products, and Pads, Grips, Components | **90 Days** - Accessory Products.