

FREEMOTION.

EPIC FREE WEIGHTS

THE POWER OF LIFTING



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GEAR UP

The EPIC Free Weight line combines traditional function with world-class engineering and modern design. Heavy-duty frames, convenient weight plate storage, safety enhancements, and adjustable seating with improved comfort and durability, all work together to provide users with a rewarding and efficient strength workout.

EPIC FREE WEIGHTS

INDUSTRIAL CONSTRUCTION

With 11 and 7-gauge steel tubing that is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing, we built the EPIC Free Weight line to last.

COLOR OPTIONS

Achieve the perfect look for your facility with five standard frame colors and five upholstery options. Custom frame color options also available on request.

ENHANCED SEAT PADDING

The redesigned polyurethane seat features double-stitched vinyl to provide 4x the durability while also increasing comfort.

KICK PLATES

Constructed with 16-gauge steel and coated with a highly durable, non-slip LINE-X®, these kick plates will successfully protect your equipment and help keep users safe.

EASY MANEUVERABILITY

Easily lift and roll benches to their desired location with the convenient 2 in / 5 cm wheels.

MULTIPLE SEAT POSITIONS

Quickly adjust seat positions to the desired setting with simple pop-pin adjustments.

MEET MEMBER NEEDS

With multiple bar settings and other customizations, users of different heights and abilities can quickly personalize their workout.

INCREASED PRODUCT STABILITY

Further enhance user safety, by using the pre-drilled holes to bolt the EPIC Free Weight line directly to the floor.



FLAT BENCH #EF201

PRODUCT DIMENSIONS (L x W x H)
55 x 29 x 17 in
139.7 x 73.6 x 43.1 cm



FLAT/INCLINE LADDER BENCH #FMDY509062

PRODUCT DIMENSIONS (L x W x H)
60.5 x 24.5 x 19.5 in
153.67 x 62.23 x 49.53 cm



FID BENCH #FMDY509063

PRODUCT DIMENSIONS (L x W x H)
64.9 x 24.5 x 18.6 in
164.8 x 62.2 x 47.2 cm



ADJUSTABLE BENCH #EF203

PRODUCT DIMENSIONS (L x W x H)
58 x 28 x 51 in
147.3 x 71.7 x 129.5 cm



SEATED BENCH #EF204

PRODUCT DIMENSIONS (L x W x H)
56 x 29 x 41 in
142.2 x 73.6 x 104.1 cm



ABDOMINAL BENCH #EF213

PRODUCT DIMENSIONS (L x W x H)
59 x 34 x 41 in
149.8 x 86.3 x 104.1 cm



PREACHER CURL #EF205

PRODUCT DIMENSIONS (L x W x H)
44 x 30 x 40 in
111.7 x 76.2 x 101.6 cm



OLYMPIC FLAT BENCH #EF202

PRODUCT DIMENSIONS (L x W x H)
64 x 65 x 51 in
162.5 x 165.1 x 129.5 cm



OLYMPIC INCLINE BENCH #EF214

PRODUCT DIMENSIONS (L x W x H)
63 x 65 x 51 in
160 x 165.1 x 129.5 cm



OLYMPIC DECLINE BENCH #EF215

PRODUCT DIMENSIONS (L x W x H)
45 x 62 x 89 in
114.3 x 157.4 x 226 cm



MILITARY PRESS #EF216

PRODUCT DIMENSIONS (L x W x H)
52 x 73 x 70 in
132 x 185.4 x 177.8 cm



SMITH MACHINE #EF211

PRODUCT DIMENSIONS (L x W x H)
56 x 91 x 94 in
142.2 x 231.1 x 238.7 cm



PLATE LOADED CALF #EF222

PRODUCT DIMENSIONS (L x W x H)
50 x 45 x 71 in
127 x 114 x 180 cm



PLATE-LOADED SQUAT #EF217

PRODUCT DIMENSIONS (L x W x H)
75 x 57 x 68 in
190 x 144.7 x 172.7 cm



PLATE-LOADED LEG PRESS #EF218

PRODUCT DIMENSIONS (L x W x H)
82 x 69 x 58 in
208.2 x 175.2 x 147.3 cm



GLUTE-HAM DEVELOPER #FMDY709072

PRODUCT DIMENSIONS (L x W x H)
63.6 x 39.7 x 52.6 in
161.5 x 100.8 x 133.6 cm



DIP CHIN-AB #EF207

PRODUCT DIMENSIONS (L x W x H)
47 x 48 x 93 in
119.3 x 121.9 x 236.2 cm



45° BACK EXTENSION #EF206

PRODUCT DIMENSIONS (L x W x H)
40 x 27 x 53 in
101.6 x 68.6 x 134.6 cm