

FREEMOTION.

# EPIC FREE WEIGHT

## OLYMPIC DECLINE BENCH

MODEL # F215



### STRENGTH EPIC FREE WEIGHT

It's all about getting the most out of your workout, on the EPIC Olympic Decline Bench. The smart y-shaped frame gets the spotter closer to the lifter and the backrest is set at a 15-degree angle to target lower chest muscles. Supportive leg pads adjust to 10 settings and have contoured, sliding shin pads to customize the fit. Multiple bar racks, plate load design, bolt-down holes and a sleek finish make the heavy duty Olympic Decline Bench a versatile solution.



## EPIC FREE WEIGHT OLYMPIC DECLINE BENCH

### PRODUCT FEATURES

#### CLOSER, SAFER

The unique shape of this frame gets the spotter closer to the lifter for increased safety.

#### TRIPOD BASE DESIGN

Designed to provide easier access to the machine, the base features a tripod configuration for added stability.

#### ULTIMATE ADJUSTMENT

To accommodate a wide variety of users, the leg pads feature 10 settings. They are also made with high-quality vinyl and 1.5 in (3.8 cm) foam for comfort and durability.

#### SHIN PADS

Contoured shin pads slide to fit a wide variety of users and roll for additional comfort.

#### DECLINED BACKREST

To target the muscles of the lower chest, this backrest is set at a 15-degree angle.

#### MULTIPLE BAR RACKS

For maximum bar clearance, the Olympic Decline Bench was designed with 2 rack heights. The bar racks feature molded covers for added durability and reduced wear. They are built and placed at an extended width to accommodate wide hand positions.

#### PLATE LOAD DESIGN

Plate holders are positioned near the bar racks for easy loading and unloading.

#### BOLT-DOWN HOLES

For added safety, this bench can be bolted to the floor through pre-drilled holes.

#### INDUSTRIAL CONSTRUCTION

The Olympic Decline Bench is built with heavy-duty steel. It's also electro-statically powder-coated for a commercial, sleek finish.

### WARRANTY US AND INTERNATIONAL

10 Year Frame | 3 Year Bearings and Pulleys  
1 Year Cables and Labor | 120 Days Upholstery, Handles and Accessories

### SPECIFICATIONS

Adjustments	Adjustable leg pads
Upholstery	Stretched/Sewn vinyl 1.5 in (3.8 cm) thick high density foam
Max User Weight	350 lbs (159 kg)
Workout Area	19.38 ft <sup>2</sup> (1.80 m <sup>2</sup> )
Standard Frame	Platinum Sparkle (Black River - Optional)
Upholstery Colors	Black, Graphite, Blue Ridge, Burgundy, American Beauty Red, Grand Sierra Wheat
Product Dimensions (LxWxH)	45 x 62 x 89 in (114.3 x 157.4 x 226 cm)
Shipping Dimensions (LxWxH)	Box 1: 51.8 x 33.4 x 9.6 in (131.5 x 84.8 x 24.3 cm) Box 2: 43.3 x 17.3 x 9.8 in (109.9 x 43.9 x 24.8 cm)
Shipping Weight	Box 1: 234 lbs (106.1 kg) Box 2: 10 lbs (4.5 kg)
Regulatory Approval	EN957, CE