

FREEMOTION

BENCHES & RACKS

GLUTE-HAM DEVELOPER

MODEL # FMDY709072



STRENGTH BENCHES & RACKS

A better designed machine for a better workout. The Freemotion Glute Ham Developer is the lower body workout that's as tough as it is comfortable. Extra plush pads are the perfect starting block for a workout that gets results. The heavy duty anti-tip design makes this a safe, smart option for facilities large and small. Dual functionality means that members can get the work of two machines in one - without taking up additional floor space.



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PRODUCT BENEFITS

OPEN DESIGN

The walk through design of the machine makes it accessible to people of all shapes and sizes.

ANYWAY YOU WANT IT

A convenient, reverse hyper grip bar add to the workout possibilities with this one machine.

EASY ANGULAR HORIZONTAL ADJUSTMENT

Make the workout personalized with this Freemotion angular horizontal adjustment. Intuitive design and dependable security come together in this easy strength floor solution.

BAND ANCHORS

Lock bands into place with anchors you can trust.

HEAVY DUTY ANTI-TIP DESIGN

Security comes standard on this Glute-Ham Developer that was created to stand still and strong.

FRAME | 11 Gauge Steel Frame

FRAME COLOR | Platinum, additional frame colors available at an up-charge.

MACHINE WEIGHT | 256.5 lbs (116.3 kg)

PRODUCT DIMENSIONS | 63.6 x 39.7 x 52.6 in (161.5 x 100.8 x 133.6 cm)

INCLUDED ATTACHMENTS

- » 3x3 in (7.6 x 7.6 cm) main frame
- » Pop pin angular horizontal adjustment
- » Pop pin vertical foot plate adjustment
- » Heavy duty diamond plate foot plate with reverse hyper grips
- » Split pad half moon hip pads for added comfort
- » Band peg anchor points
- » Footplate anchor options for maximum stability
- » Carriage bolt hardware for a smooth and clean finish

WARRANTY US AND INTERNATIONAL

Lifetime - Structural Steel Frame | **5 Year** - Wear Guards/UHMW, Rubber & Plastic, and Finish | **1 Year** - Fitness Products, and Pads, Grips, Components | **90 Days** - Accessory Products.